

# FIRED UP FOR FITNESS OPEN HOUSE AT

## *Connections Studio*

SATURDAY, JANUARY 25<sup>TH</sup> 2025

### CLASS SCHEDULE

**10AM** STUDIO A – KIDS TUMBLING AND STRETCHING STUDIO B – TEEN/ADULT PILATES

**11AM** STUDIO A – KIDS JAZZ STUDIO B – TEEN/ADULT JAZZERCISE

**12PM** STUDIO A – KIDS HIP HOP STUDIO B – TEEN/ADULT STEP CLASS

*KIDS AGES 5-14 & TEENS AND ADULTS AGES 15 TO 99*

### SPECIAL CLASS 6PM IN STUDIO B

LINE DANCE CLASS WITH MISS VICTORIA

AGES 12 AND UP

***FREE ADMISSION. ALL AGES MUST SIGN A WAIVER TO PARTICIPATE.***

*\*PARENTS/GUARDIANS, SIGN IN & OUT PROCEDURES WILL BE REQUIRED TO KEEP OUR STAFF AND PARTICIPANTS SAFE.*

***WALK INS WELCOME, BUT PLEASE RSVP TO GUARANTEE YOUR SPOT, EQUIPMENT IS LIMITED!***

***RSVP OPTIONS: CALL 708-297-1240 OR EMAIL US AT CONNECTIONSSTUDIO16@GMAIL.COM***

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